

VB

Victoria Baglione

BEAUTY & CO.

The end spray tan result is based on 50% of the artist's work and 50% on the client's preparation and aftercare of the tan. We can give you the best spray tan using the best products and technique, but without the right prep/aftercare it won't turn out as flawless as we want it to! Keep scrolling to learn more about how to achieve your glow goals and how to prolong your tan!

PREP CARE

Creating a smooth, even, and pH balanced canvas is an extremely important part of the spray tan process. Follow these prep steps for a flawless tan:

- 1) Exfoliate your skin the night before the tan -NOT the day of the tan. If possible, exfoliate 2-3 times leading up to the day of the appointment with the last time being the night before. Avoid scrubs with oils as they may leave an oil residue preventing the spray tan solution from soaking into your skin properly. (Ask us about the exfoliation mitt we carry in-studio created specifically for spray tan prep and locally made in Toronto).
- 2) On the days leading up to the tan, moisturize your skin often! The less dry and dead skin, the better.
- 3) Shave 24 hours before the tan, not the day of the tan. Waxing should be at least 48 hours prior so that no residue is left on the skin. Manicures/pedicures should also be done 24-48 hours before the tan.
- 4) On the day of the tan, do not put any product on the skin. This includes lotion, oil, deodorant, serums, perfume, or makeup.
- 5) Bring dark, loose clothing. If it looks like it may rain, bring an umbrella and wear clothes that cover you up as you cannot get your skin wet after the spray tan until your first shower.
- 6) Please remove all jewelry before arriving at the appointment -especially bracelets, necklaces, and anklets.
- 7) If you have any sunburns or recent sun/UV damage at all, we will not be able to spray tan you. This includes minor sunburns, even if there was no peeling or intense redness. Please note that it's the client's responsibility to prevent sun damage and any appointments that we must turn away/cancel within 48 hours of the appointment time due to UV damage will be treated as a late cancellation and charged 100% of the service fee.
- 8) Lash extension appointments should be booked prior to the spray tan appointment, not after the spray tan.

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AFTER CARE

Caring for your tan after the appointment is going to play a role in how the final result turns out. Just like caring for your lashes, nails, or hair, your spray tan needs a little TLC too! Follow these tips to help prolong the tan and ensure that it fades smoothly and evenly:

- 1) Immediately after the spray tan, before the first shower, you cannot get wet or sweat at all. This means no washing dishes, no working out during the processing time, no crying, walking outside in the rain, etc.
- 2) Do not touch yourself until after your first rinse! This means no skin to skin contact with yourself or anyone else until your first shower. Colour may transfer from one part of your body to another (most commonly seen is the palms of the hands when people itch their face or another part of the body). Wearing long sleeves/pants will help prevent this.
- 3) Your artist will tell you how many hours to wait before your first shower. This first shower is ONLY A RINSE using water! Do not use any product at all. This includes body wash, soap, scrubs, shampoo, conditioner, etc. Water only! You'll see the bronzer coming off your body which is what we want; rinse every crevice of your body and when the water runs completely clear you can get out.
- 4) Always pat skin dry with the towel, never rub!
- 5) Moisturize your skin every single day using tan friendly products to prolong the tan and keep it looking smoother. Dry skin and spray tans do not mix well. Most drugstore lotions/body washes will have ingredients that could strip the tan; we carry tan-safe moisturizers and body washes that can be purchased in-studio that will not strip your tan and will actually help prolong it. If possible, moisturize 2x per day. Avoid Dove products, soap bars, spray deodorant, aerosol sunscreen, and products with mineral oil.
- 6) We recommend avoiding shaving with a spray tan but if you absolutely need to shave, use a brand new sharp razor rather than a dull razor that will scrape your skin. Shave with conditioner or coconut oil, not shave gel. NO WAXING and no laser while you have a spray tan.
- 7) Spray tans do not prevent you from the damage of UV rays. You still need to wear SPF!
- 8) If you want to prolong the tan, especially if you're going on a trip with your fresh new spray tan, we recommend grabbing some of our sunless tanning products at your appointment! Our clear self-tanner touch up spray is great for refreshing the tan on areas that fade the quickest such as the face, hands, & feet.